

Increasing the equity of Medicare's payments
within each post-acute care setting; and
Assessing payment adequacy and updating
payments for skilled nursing facilities

Carol Carter

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Concerns about Medicare's current post-acute care payment systems

- Similar patients are treated in 4 PAC settings
 - Separate payment systems establish different payments for similar patients
- Lack of evidence-based guidelines to base decisions about PAC
- Current PPSs encourage providers to:
 - Furnish therapy services unrelated to care needs
 - Avoid medically complex patients
- Provider financial performance varies widely

An approach to increase the equity of payments within each setting

- A fully implemented PAC PPS would redistribute payments across conditions
- Prior to implementing the PAC PPS, use a blend of the setting-specific and unified PAC PPS relative weights to establish payments
- Within each setting, payments would be redistributed across conditions
- Total payments to each setting would remain at recommended level

Redistribute payments within each setting by blending current and PAC PPS relative weights

| Implementation period | HHA | SNF | IRF | LTCH |
|---|--|--|--|--|
| Blend setting-specific and unified PAC PPS relative weights (2019 and 2020) | <i>Redistribute payments within setting</i>  | <i>Redistribute payments within setting</i>  | <i>Redistribute payments within setting</i>  | <i>Redistribute payments within setting</i>  |
| Transition to a unified PAC PPS (begins 2021) | <i>Redistribute payments across settings</i>  | | | |

Within each setting, blending relative weights would shift payments across conditions and providers

- Payments would shift across conditions
- Based on patient mix and therapy practices, payments would:
 - Increase to nonprofit and hospital-based providers
 - Decrease to for-profit and freestanding providers
- At current levels, aggregate payments to a setting remain well above the cost of care

Conclusions

- Possible to increase the equity of payments within each setting before implementing a unified PAC PPS
- Redistribution would begin to:
 - Correct the known biases of current PPSs
 - Increase the equity of payments across conditions
 - Give providers more time to adjust to changes needed to be successful under PAC PPS
 - Support recommendations that better align payments to the cost of care

Assessing payment adequacy and updating payments: Skilled nursing facility services

Overview of the SNF industry in 2016

- Providers: ~15,000
- Beneficiary users: 1.6 million
- Medicare spending: \$29.1 billion
- Medicare FFS share: 11% of days
20% of revenues

Data are preliminary and subject to change.

Payment adequacy framework

- Access
 - Supply of providers
 - Volume of services
- Quality
- Access to capital
- Payments and costs

Access is adequate (2016 data)

- Provider supply is steady (about 15,000)
- 89% of beneficiaries live in a county with 3+ SNFs
- Occupancy rates remained high (85%, small decline from 2015)
- Service use declined from 2015
 - Admissions decreased 3.6%
 - Length of stay decreased 4.0%
 - Days decreased 6.5%

Service mix reflects biases of the PPS design

Share of days assigned to intensive therapy case-mix groups

2002

27%

2010

69%

2016

83%

- Payments driven by amount of therapy furnished
- Payments for therapy exceed the cost of these services

Data are preliminary and subject to change.

SNF quality measures: Mixed performance

| <u>Risk-adjusted rate</u> | <u>2015</u> | <u>2016</u> |
|------------------------------------|-------------|-------------|
| Discharged to community | 38.7% | 39.5% |
| Potentially avoidable readmissions | | |
| During the SNF stay | 10.4 | 10.8 |
| Within 30 days after the SNF stay | 5.0 | 5.8 |
| Change in function | | |
| Improvement in 1+ mobility ADLs* | 43.6 | 43.6 |
| No decline in mobility | 87.1 | 87.1 |

**Activity of daily living*

Data are preliminary and subject to change.

Access to capital is adequate

- Access to capital is adequate and expected to remain so
- Buyer demand remains strong
- Some lending wariness reflects lower SNF use and investigations into therapy use
- Medicare continues to be a payer of choice

Freestanding SNF Medicare margins in 2016

- Medicare margin: 11.4 %
- 17th year of margins above 10%
- Variation in Medicare margins
 - 25th percentile: 0.7%
 - 75th percentile: 20.2%
 - Nonprofit: 2.3%
 - For-profit: 14.0%
- Marginal profit = 19.6%

Data are preliminary and subject to change.

Relatively efficient SNFs in 2016: relatively low cost and high quality

- 970 SNFs (8%) met cost and quality criteria
- Efficient SNFs compared to other SNFs:
 - Community discharge rates: 26% higher
 - Readmission rates: 17% lower
 - Higher daily census (99 versus 81)
 - Standardized cost per day: 8% lower
 - Medicare payment per day: 10% higher
- Medicare margin: 18.2%

Medicare FFS rates are considerably higher than MA/managed care rates

- FFS per diem payment rates are higher than MA/managed care payment rates
- Characteristics of MA and FFS SNF users do not explain these payment differences
- Publicly traded companies report seeking managed care business, suggesting the payments are attractive

Projected 2018 Medicare margin

- Costs increased by market basket
 - Included costs to meet nursing home regulations
- Revenues increased by market basket minus
 - Productivity
 - Portion of value-based purchasing retained as savings

Data are preliminary and subject to change.

How should Medicare payments change for 2019?

- Broad circumstances have not changed
- The level of Medicare's payments remains too high
- The PPS needs to be revised
- Wide variation in margins reflects differences in patient selection, service provision, and cost control